

Your generosity supports real families facing real challenges! By filling a bottle, you're joining a community of generous people, coming together to bring hope to young families in our community. The bottles added together provide support for today and impact for generations.

Participating is as easy as 1, 2, 3!



Other Ways to Give:

- Donate online https://secure.qgiv.com/for/mainsprings/
- E-transfer to accounting@mainsprings.com
- Send a cheque payable to Mainsprings
- Scan our QR code

*Donations \$25 or more will be issued a donation receipt.

Donate Today!





Mainsprings Pregnancy and Family Support Association is planning to raise an estimated amount of \$500,000 this year on fundraising campaigns. It will cost our organization an estimated \$90,000 to raise this. The money raised will go to board-approved programs. For further information, please contact Dennis Kerber at 403-269-3110. Our address is 205, 925 – 7 Ave. SW. Calgary, AB T2P 1A5.