

Your change  
*changes lives*

———— MOTHER'S DAY TO FATHER'S DAY ————



Your generosity supports real families facing real challenges! By filling a bottle, you're joining a community of generous people bringing hope to young families in our community. The bottles, when filled, provide support for today and impact for generations.

## Other Ways to Give:

- **Donate online** <https://secure.qgiv.com/for/mainsprings/>
- **E-transfer** to [accounting@mainsprings.com](mailto:accounting@mainsprings.com)
- **Send a cheque** payable to Mainsprings
- **Scan our QR code**

**Donate Today!**



# 2023/2024 DONOR IMPACT

Everyone has value and deserves support.

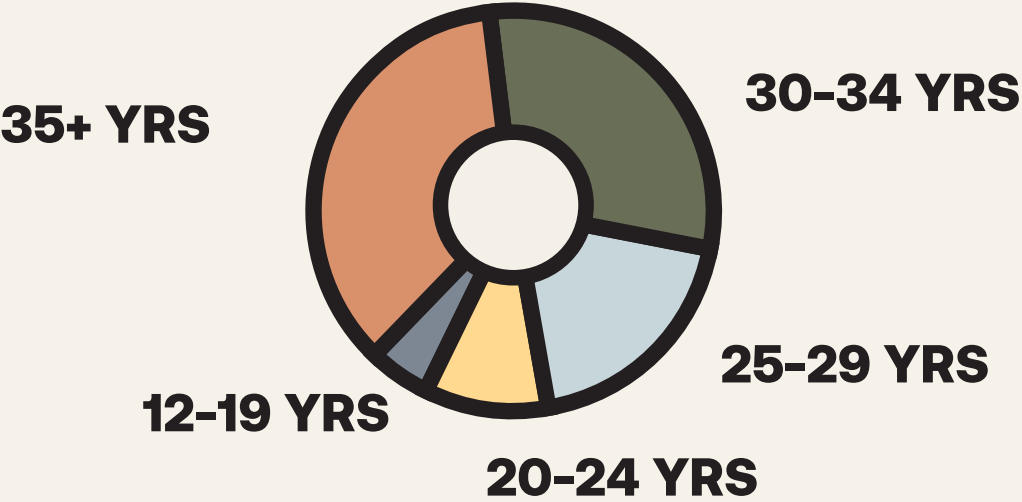
 **1109 Female Clients**

 **139 Male Clients**

 **4,421 Client Care Packages Distributed (1,616 in 2022/2023)**

- **Client Visits: 6,098**
- **Client Intakes: 750**
- **Client Conversations: 15,612**

## CLIENT AGE RANGE

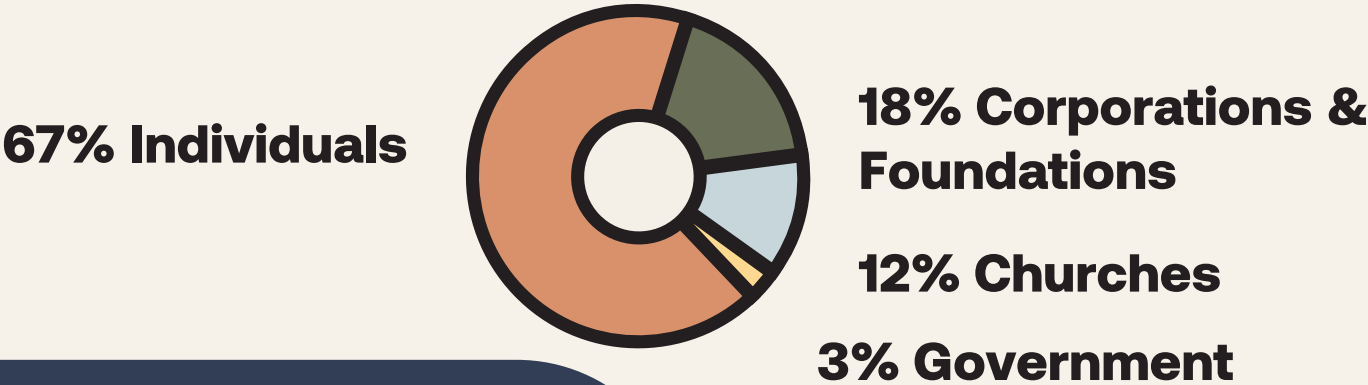


- **Volunteer Hours: 7,877 (valued at approx. \$300,000)**
- **Counseling Hours by Masters' Degree Students: 1122 (valued at approx. \$168,300)**



- **Class Attendees: 878**
- **Types of Unique Classes Offered: 20**
- **"Take Charge" School Presentations: 211**
- **Students educated on healthy relationships & decision-making: 2,869**

## REVENUE SOURCES



**Babies Born: 296**



**Thank you for helping families in Calgary, Airdrie, and Strathmore!**

Mainsprings Pregnancy and Family Support Association is planning to raise an estimated amount of \$500,000 this year on fundraising campaigns. It will cost our organization an estimated \$90,000 to raise this. The money raised will go to board-approved programs. For further information, please contact Dennis Kerber at 403-269-3110. Our address is 205, 925 - 7 Ave. SW. Calgary, AB T2P 1A5.





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